Fall 2021 Update from Marti

By now, I am sure most of you know that my beloved Michael R. Greer passed away on July 21 as a result of injuries he sustained riding his motorcycle the morning of the IRONMAN 70.3 Lubbock.

Greer always teased me that, "you're gonna miss me when I'm gone", and he has never been more right.

Those of you who have dealt with grief know the overwhelming, bittersweet sadness I am feeling right now. I am focussed on living one day at a time with the hope that as I move forward, things will become easier and that I will find joy in my "new normal".

I am grateful for my triathlon family and how you have reached out to me with love and kindness. Many of you have asked what my plans are, so here is where I am today:

- ~ I live in the most beautiful spot in west Texas surrounded by good friends and family who visit me often so I plan to stay where I am.
- ~ I am swimming, or walking my dog, or riding my bike, or doing yoga each day.
- ~ Greer had just completed his (4th) book, CHARGE, earlier this summer. It is important to me and his children, Michael John, Christy, Robin, Stacy, and Jessica, that we add a post-script to the book and then have it published. Look for the book to be available later in the fall.
- ~ The Buffman & Squeaky Tri Fest and Off The Rock Triathlon will return in 2022.
- ~ I am the race director for the Mayor's Marathon in Lubbock on October 31st, 2021. I love serving my community along with the Lubbock Mayor's Fitness Council at this event. Join us! https://lbkmarathon.com
- ~ I will continue my role with IRONMAN 70.3 Lubbock and LBK TRI.
- ~ Upon Greer's death, it became important me to establish the Mike and Marti Greer Foundation. Our mission statement is:

The Mike and Marti Greer Foundation will promote fitness and wellness by providing scholarships to youth and adults in need of financial assistance to accomplish their goals in sports related events, especially the sport of triathlon.

The Foundation is in its infancy but if you would like more information or to make a donation, please email the Foundation here: <u>Greer Foundation Info</u> or find the foundation on the website: http://lubbocktriathlons.com

Thank you, again, for all the heart-felt condolences.

Marti